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Windows To Our Children: A Gestalt Therapy Approach To Children And Adolescents



Synopsis

With over 300 pages of methods, materials, techniques for working with children and adolescents, transcripts, case examples and discussion, this book filled a void in the child therapy literature. Counselors and therapists, in schools, mental health centers and private practice embrace this book. It is the largest selling book on the subject in the world.

Book Information

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Customer Reviews

Violet Oaklander is the author of the book *Windows To Our Children: A Gestalt Therapy Approach to Children and Adolescents* (which is available in thirteen languages), several journal articles and book chapters for other people's books, as well as videotapes and audio tapes on psychotherapeutic work with children. She has a Ph.D. in Clinical Psychology; a Master of Arts in Marriage, Family and Child Counseling; and a Master of Science in Special Education with emotionally disturbed children. She completed three years of training with the Los Angeles Gestalt Therapy Institute and has been certified since 1973. She taught emotionally disturbed children in the Long Beach, CA school district for six years, and from 1972 until 1999 maintained a full time private practice in Long Beach, Hermosa Beach and later in Santa Barbara, CA. Since 1999, Dr. Oaklander has focused her work on training, teaching, supervision and writing. Dr. Oaklander spent many years as an instructor for the extension program of the University of California at the campuses in Santa Cruz, Santa Barbara, and San Diego and has been an adjunct faculty member of Pacifica Graduate Institute located in Carpinteria, CA as well as the California Graduate Institute in Santa

Barbara. She has traveled extensively throughout the country and the world giving training seminars on her approach to working with children and adolescents. Dr. Oaklander's unique approach to working with children -- which combines Gestalt Therapy theory, philosophy, and practice with a variety of expressive techniques -- has won international recognition and she has received several awards for her contribution to the mental health field.

This book has many therapeutic ideas for groups. As a therapist I highly recommend it; however, some of the activities seems to work better with younger children.

I have incorporated almost every activity in group sessions and individual sessions.

As a Counseling Psychology student this book has been very helpful and worth the purchase when it comes to coming up with techniques to use. Recommend for every student looking to figure out different possible option to try.

Great!

There is no better publication to be read on the topic of Gestalt Therapy for Children than "Windows of our Children". Violet is the pioneer and conceptualizes the original theory of 'gestalt' in a very special way.

excellent!

Just what I expected

I have always been interested in the Gestalt therapy approach and decided to purchase this book based on the author experience and online reviews. I am very satisfied with the book, it is pleasant to read and a good source of practical examples and literature references. I would recommend it.

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